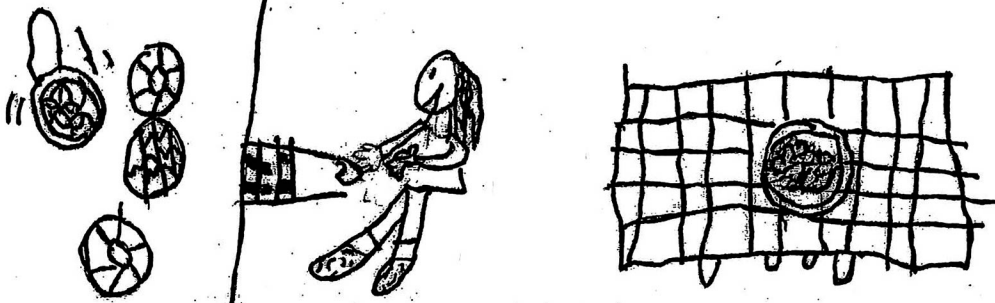


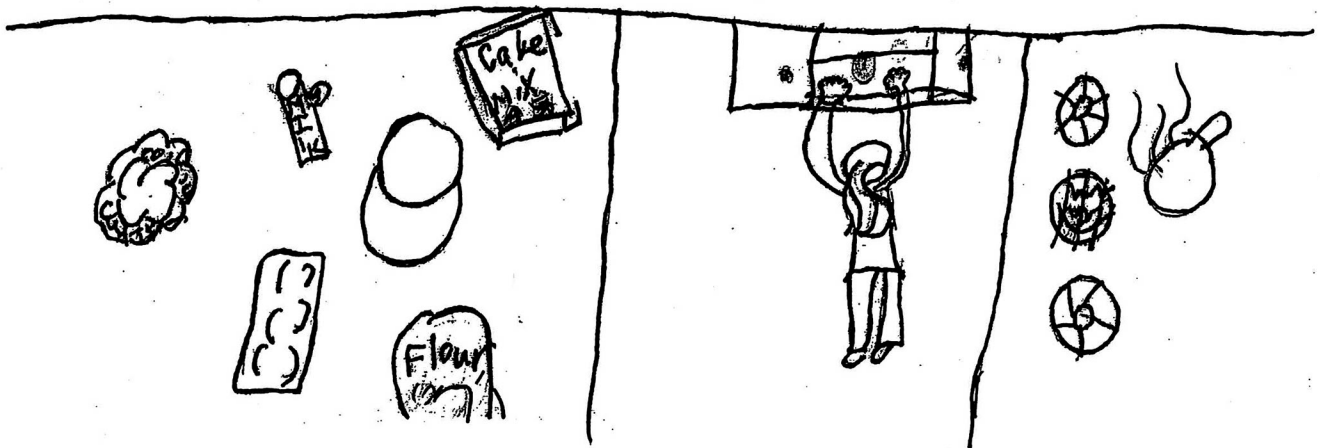
Rachel

Cooking is a great skill. Cooking can be fun, but dangerous. You will need supervision and ingredients. Some food may be easy to make and some foods will be difficult to make. You must be very careful when cooking—especially when it's your first time. When you are cooking you can have fun—but don't over do the food or take it out too early. After you read this book, you will feel like a master chef! Try cooking after you read this.



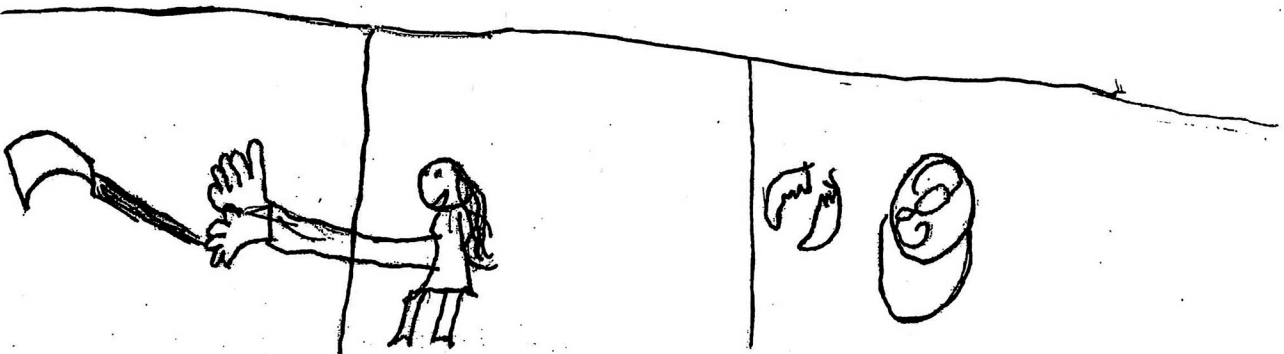
Getting Ready

Before you start cooking, you need to get ready. The way you get ready, is by simply taking out the ingredients and the objects you need. When you have all the ingredients and objects you need look at the instructions. You should never do the next step before doing the instruction before doing it. If you did step three before step one, your meal or snack will taste and be wrong.



Safety

Safety is very important when you cook. Safety matters, because you could burn your finger or break a bone. One way to prevent that is by using a pot holder or an oven mitt. Oven mitts or pot holders can protect and prevent your fingers from getting hurt. One of the other ways of being safe during cooking is washing your hand and never taste anything with raw egg in it until it is cooked. All of the reasons add up, to two things. Germs and sickness.



Lia ① all about lizards

You must like lizards. Now this is just a small fact because for we start, about 19BC lizards were actually some type of dinosaur. Now it is just a cousin.

Ok. We start when lizards were very flexible because of their vertebrae. That is also why they are so fast at running. There is some types of lizards that live in really hot places. Some need more

②

moster like in California or
the rainforist.

The rainforist is not very
hot because when theirs
is sun the tall trees blok it
and when it rains the rain
is very strong but if the
rainforist trees blok half thats
how it keeps it mosterized.

It is a nice Life for
lizerds.

Well for example for the
-lizerds that live in hot
places, the Shara desert is

③

perfect for them. One reason is camouflage, it helps them not get eaten by snakes or other animals. There is one problem, sand it's hot and it will burn your feet and lizards can't wear shoes. So how they do it is if the sand is too hot a sand driving lizard will put up its feet in the air to cool off.

Well I hope you liked
this book. I hope that you
read my next book about
witer animals. See you
next time.

